Elements of the PCRP Process

START HERE

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Sharing your story through assessments and conversations

Monitoring progress to make sure things stay on track

Capturing the steps of your plan in a written PCRP

Deciding on priorities

Setting long-term goals and your vision for the future

Figuring out strengths and barriers

Creating short-term goals, or "objectives"

Deciding on personal actions and choosing supports from friends and family

Deciding which professional services would be helpful