

## B. Simpson-Angus Extrapyramidal Symptom Rating

### 1. Gait

Instructions for rating gait: The patient is examined as he walks in to the examining room, his gait, the swing of his arms, his general posture. All form the basis for an overall score for this item. This is rated using the scale below.

- |   |   |
|---|---|
| 1 | Normal  |
| 2 | Diminution in swing while the patient is walking            |
| 3 | Marked diminution in swing with obvious rigidity in the arm |
| 4 | Stiff gait with arms held rigidly before the abdomen        |
| 5 | Stopped shuffling gait with propulsion and retropulsion     |
| 9 | Not ratable   |

### 2. Tremor

Instructions for rating tremor: The patient is observed walking into the room and is then reexamined for this item.

- |   |  |
|---|--|
| 1 | Normal   |
| 2 | Mild finger tremor, obvious to sight and touch |
| 3 | Tremor of hand or arm occurring spasmodically  |
| 4 | Persistent tremor of one or more limbs         |
| 5 | Whole body tremor                              |
| 9 | Not ratable                                    |

### 3. Akathisia

Instructions for rating akathisia: Patient is observed for restlessness. If restlessness is noted, ask: "Do you feel restless or jittery inside? Is it difficult to sit still?" Subjective response is not necessary for scoring but patient report can help make the assessment.

- |   |   |
|---|---|
| 1 | No restlessness reported or observed  |
| 2 | Mild restlessness observed (e.g., occasional jiggling of the foot occurs when patient is seated)                                  |
| 3 | Moderate restlessness observed (e.g., on several occasions, jiggles foot, crosses or uncrosses legs or twists a part of the body) |
| 4 | Restlessness is frequently observed (e.g., the foot or legs moving most of the time)  |
| 5 | Restlessness persistently observed (e.g., patient cannot sit still, may get up and walk)  |