

## Plan For Receiving Assistance With School

Consumer name: \_\_\_\_\_

Medical record number: \_\_\_\_\_

Date Started: \_\_\_\_\_ Date Completed \_\_\_\_\_

*Adapted from Dartmouth PRC "Plan for Approaching Employers"*

Some people who use supported education services ask their Supported Education and Employment Specialist (SEES) to talk to people at the school on their behalf. For instance, they might ask a SEES to talk to a teacher or professor about an accommodation or they may ask the SEES to help them sign up for services offered by the office of disabled student services. When SEES talk to someone at the school, they generally say that they work for a supported education program that helps people who have had some mental health issues.

People who sign up for disabled student services do not have to use those services. Many people report that they signed up just in case they needed help in the future. For example, with tutoring, test taking services, note takers or academic advising. These services are kept confidential.

- Do you have any concerns about your Supported Education and Employment Specialist speaking to people at your school? If so, what are those concerns?
- What do you think the advantages would be to having your SEES speak to people at your school?

When Supported Education and Employment Specialists talk to teachers or staff at offices of student services, it is usually possible for them to keep some things private. For example, some people don't want the SEES to share information like their diagnosis or medications. Talk this over with your SEES and write down the things that you would not want the Specialist to share.

For now, what is your preference about whether or not your SEES should speak to anyone at the school?

- I don't want my SEES to talk to anyone at my school.
- I am not sure right now and I would like some more time to think about this.
- I'd like to find out more about my school's policies regarding students with specific needs or disabilities. "If I signed up for help from the office of student services, who would know about it? What would they want to know about me?"

- It would be okay if my SEES would help me sign up for assistance from the office of student services.
- It's fine with me if my SEES talks to teachers or professors on my behalf.

\_\_\_\_\_  
Consumer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supported Education and Employment Specialist

\_\_\_\_\_  
Date